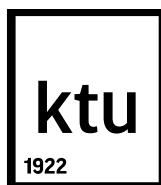




# STUDENT SUPPORT



**Student Information and Service Centre**

Student str. 50-168



# KTU PSYCHOLOGICAL HELP

Facing learning problems, personal, emotional and daily life difficulties?

We offer **free of charge** individual psychological consultations for international students.

**Contact:** +370 37 30 07 43

**General queries and registration for individual consultations:** [psichologas@ktu.lt](mailto:psichologas@ktu.lt)

[https://students.ktu.edu/wellbeing/#emocine\\_pagalba](https://students.ktu.edu/wellbeing/#emocine_pagalba)



## **STRESS** is necessary when seeking development and progress!

- How to identify?
- How to control?
- Exams and stress



## **WHEN YOUR FRIEND NEEDS HELP...**

Practical tasks to strengthen your self-esteem.



# increase your self- esteem

What is self-esteem? Do I need to improve my self-esteem?



# FINANCIAL SUPPORT

The University can offer you various financial support and funding possibilities. Use all the opportunities provided by the University.

[https://students.ktu.edu/finance/#vienkart\\_soc\\_stipendija](https://students.ktu.edu/finance/#vienkart_soc_stipendija)



gift<sup>ed</sup>



guid<sup>ed</sup>



want<sup>ed</sup>



skill<sup>ed</sup> | FinTech



unit<sup>ed</sup>



inspir<sup>ed</sup>



activat<sup>ed</sup>



discover<sup>ed</sup>

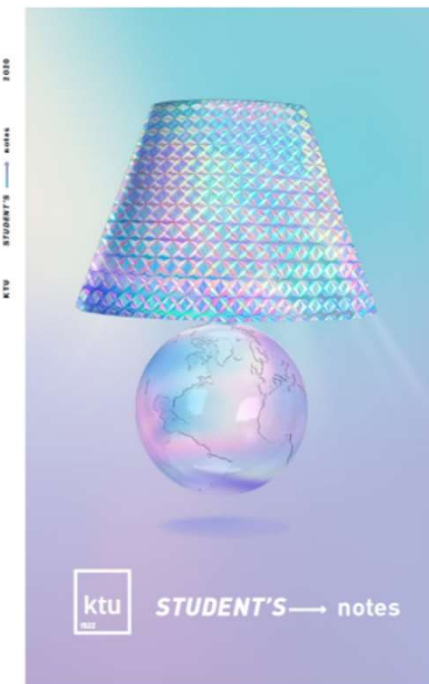
<https://students.ktu.edu/>

## FOR FRESHERS

Here you will find all information needed for your first weeks in KTU.

- Student's notes
- FAQ
- Welcome Week information
- Important contacts

<https://students.ktu.edu/services/freshers/>





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technology

# LET'S CONNECT!

## Facebook

- [\*\*KTU international students\*\*](#)
- [\*\*KTU studentams\*\*](#)

## Instagram

- **KTUstudentlife**
- **KTUspace**

